

# Weekly Meetings

- monday All Recovery Meeting **6-7pm**  
Harm Reduction Works (online only) **6-7pm**
- tuesday Tai Chi - Moving Meditation **5-6pm**  
Family & Friends SMART Meeting **6:30 - 7:30pm**
- wednesday Al-Anon **12-1pm**  
SMART Recovery **12-1pm**  
Young People's All Recovery Meeting **5-6pm**  
LifeRing Secular Recovery **6:30-7:30pm**  
Mindfulness Meditation **8-9pm**
- thursday Tai Chi - Moving Meditation **5-6pm**  
Grief Support Group **6:30-7:30pm**  
Medication Assisted Recovery Anonymous **8-9pm**
- friday SMART Recovery **6:30-7:30pm**
- Saturday Narcotics Anonymous **7:00-8:30pm**

## Special Events

### Ice Cream Social

**April 5th @ 5:00pm (before All Recovery Meeting)**

### Recovery Comedy Night w/ Zane Helberg

**April 28th @ 7:09** via Zoom <https://us02web.zoom.us/j/84656496982>

### Overdose Response Training

**April 21st @ 6:00pm**

**In-Person or register to attend online at** [https://us02web.zoom.us/webinar/register/WN\\_RkEBHEunTnONZ5YvTbj7MQ](https://us02web.zoom.us/webinar/register/WN_RkEBHEunTnONZ5YvTbj7MQ)

## Virtual Options

Zoom meetings are available at [linktr.ee/recoveronline](https://linktr.ee/recoveronline)



**VOICES**  
*of* **HOPE**

**CALENDAR**  
**APRIL 2021**