

# Weekly Meetings

- monday** Men's All Recovery Meeting **6-7pm**  
Alcoholics Anonymous **8-9pm**
- tuesday** Tai Chi - Moving Meditation **5-6pm**  
Free Community Yoga Class **6:30-7:30pm**  
Family & Friends SMART Recovery Meeting **6-7:30pm**  
Crystal Meth Anonymous **8-9pm**
- wednesday** LGBTQ+ All Recovery Meeting **12-1pm**  
Al-Anon **12-1pm**  
Young People's All Recovery Meeting **5-6pm**  
LifeRing Secular Recovery **6:30-7:30pm\*\***  
Alcoholics Anonymous **8-9pm**
- thursday** Tai Chi - Moving Meditation **5-6pm\*\*\***  
Free Community Yoga Class **6:30-7:30pm**  
Grief Support Group **6:30-7:30pm\***  
Medication Assisted Recovery Anonymous **8-9pm\*\*\***
- friday** SMART Recovery **6:30-7:30pm**  
Alcoholics Anonymous **8-9pm**
- saturday** Alcoholics Anonymous **8-9pm**
- sunday** Recovery Dharma **3:30-5pm**

CALENDAR  
**AUGUST 2020**

450 Old Vine St., Lexington, KY 40507 | (859) 303-7671 | VOICESOFHOPELEX.ORG

## Special Events

### Overdose Response Training

**Monday Aug 24th**  
**from 6 - 7pm**

register to attend either:

In person - <https://tinyurl.com/yya6vys3>

Virtually\* - <https://tinyurl.com/yyg7tzds>

\*Narcan may be picked up at Voices of Hope M-F 12:00 - 3:00PM

### Game Night

**Wednesday Aug 26th**  
**from 6:30-7:30pm**

## Virtual Options

Zoom meetings are available at

[linktr.ee/recoveronline](https://linktr.ee/recoveronline)



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*of* **HOPE**