

# Weekly Groups & Meetings

- sunday Recovery Dharma **3:30-5pm**
- monday Men's All Recovery Meeting — with Larry **6-7:30pm**  
Parents of Addicted Loved Ones (PAL) **6-7:30pm**  
Recovery Dharma **6:30-8pm**  
Alcoholics Anonymous **8-9pm**
- tuesday Men's Step Study **6:30-8pm**  
SMART Recovery Friends & Family Group **6:30-7:30pm**  
Free Yoga Class — with Hope **6:30-7:30pm**  
Crystal Meth Anonymous (CMA) **8-9pm**  
Secular Alcoholics Anonymous **8-9pm**
- wednesday Healthy Relationships — with Christy **2-3pm**  
Women's Step Study **6-7:30pm**  
All Recovery Meeting — with Anna **6:30-7:30pm**  
Alcoholics Anonymous **8-9pm**
- thursday Women's Bible Study **4:30-6pm**  
Free Yoga Class — with Hannah **6:30-7:30pm**  
Milestones Grief Support Group **7-8pm**  
Narcotics Anonymous **7-8:30pm**
- friday SMART Recovery **6:30-7:30pm**  
Alcoholics Anonymous **8-9pm**
- saturday Recovery Dharma **3:30-5pm**  
Alcoholics Anonymous **8-9pm**

## Special Events in August

**Free Pizza and Haircuts**  
by Enzo before our first  
**Men's All Recovery  
Meeting**

**August 5 • 2-6pm**

Women's Ballroom  
Dancing

**August 15 • 5:30-6:30pm**

**Overdose Awareness  
Day** at Jacobson Park

**August 24 • 10am-1pm**



**VOICES** *of* **HOPE**

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