

Weekly Meetings

monday Men's All Recovery Meeting **6-7pm**
Harm Reduction Works (online only) **6-7pm**
Alcoholics Anonymous **8-9pm**

tuesday Tai Chi - Moving Meditation **5-6pm**
Free Community Yoga Class **6:30-7:30pm**
Family & Friends SMART Meeting **6-7:30pm**

wednesday Al-Anon **12-1pm**
Young People's All Recovery Meeting **5-6pm**
LifeRing Secular Recovery **6:30-7:30pm**
Mindfulness Meditation **8-9pm**

thursday Tai Chi - Moving Meditation **5-6pm**
Grief Support Group **6:30-7:30pm**
Medication Assisted Recovery Anonymous **8-9pm**

friday* SMART Recovery **6:30-7:30pm**
Alcoholics Anonymous **8-9pm**

* Closed Jan 1st - AA will meet online only

CALENDAR
JANUARY 2021

450 Old Vine St., Lexington, KY 40507 | (859) 303-7671 | VOICESOFHOPELEX.ORG

Special Events

Game Night

Wednesday January 27 from
6:00-8:00pm

Narcan Training

January 6th at **6:30pm** in person
and virtual - register at
tinyurl.com/VOHORT

CLOSURE

We will be closed on Friday
January 1 to allow our staff to
enjoy the holiday season AA will
still meet online

Virtual Options

Zoom meetings are available at
linktr.ee/recoveronline



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